

# A Finnish success story



The school meal system plays an essential role in Finland's educational system. Equal access to education and free-of-charge school meals have been key factors in supporting economic growth and transforming Finland into a knowledge-based society.

Initially, school meals were introduced to address post-war poverty and malnutrition. At the time, Finland was also resettling thousands of internally displaced people and orphans. The law to provide meals free of charge for all pupils came into force nationwide in Finland in 1948.

For more than 70 years, Finland has been offering free school meals for all students – the longest-running free-of-charge school feeding programme in the world.

EDUCATION  
FINLAND

SUOMI  
FINLAND



## An Investment in the Future

School meals improve children's health, educational outcomes, and equality. For over 70 years, school meals have played an important part in helping Finland become one of the world's wealthiest countries.

**With the help of our experts, you can benefit from Finland's experience and invest in the future too!**



# What can Finland offer you?

## LEARN FROM FINNISH EXPERTISE AND BEST PRACTICES

through seminars and webinars covering dietary, cultural, health, educational and menu planning aspects related to school meals.



## A HELPING HAND FROM OUR EXPERTS

with all aspects of school meals, including:



*Creating an institutional set-up*



*Focusing on nutritious meals and food education*



*Identifying benefits and key stakeholders in your context*



*Monitoring and evaluating school meals to ensure high quality*



*Tailored support for your needs*

## SEE AND EXPERIENCE IT YOURSELF!

Visit Finland to find answers to all of your questions about school meals.

## A CHANCE TO CONNECT WITH FINNISH COMPANIES

to gain tested and scalable tools and digital solutions for planning nutritious and ecological meals.

- Software for recipe planning, nutrition analysis and health monitoring
- Technology for food preparation
- Connecting with other relevant organizations

**Free guidelines and other materials for developing school meal programmes.**

TO LEARN MORE, GO TO [educationfinland.fi/schoolmeals](https://educationfinland.fi/schoolmeals) OR GET IN TOUCH WITH EDUCATION FINLAND [enquiries.educationfinland@oph.fi](mailto:enquiries.educationfinland@oph.fi)